



## MARKET STREET UNITED METHODIST CHURCH

### MARCH 2022

#### ***Claiming God in Our Lives***

I enjoy reading *The Upper Room* each day. It's bimonthly devotional is translated into 35+ languages and distributed to 100 countries. The name comes from the 'room upstairs' where Jesus and his friends celebrated Passover meal—by taking the bread and the cup.

The authors of *The Upper Room* are ordinary people like us —some young, some old, and at times we see with an asterisk, 'the author passed away before the publication of this issue.' Some reside in the United States, but many are from all over the world. They share special moments when they witnessed God's grace working in their lives, as well as unexpected events where they became God's messengers. For example, in a story from February 9, Linda from Indonesia shares a story where she visited "a young [ill] woman who lived in a poor, rundown part of town." This woman dies, but this experience reminded Linda that our call in our lives is to be a blessing to others by loving and serving God and God's children.



So, as we move onto the season of Lent, let us ask ourselves: what ways can we claim God in our life today? In what ways can we be God's messengers to others in the world? Keiko

***Let us pray for the people in Ukraine...*** (see Bishop's letter on p.4)

#### ***Our Staff***

##### ***Pastor***

*Rev. Keiko Foster*

##### ***Admin. Assistant***

*Kathy Freeland*

##### ***Director of Music***

*Dr. Steve*

*Jennings*

##### ***Church Musician***

*Connor Crotzer*

##### ***Youth Director***

*TBA*

##### ***Custodian***

*Linda Campbell*

#### ***Our Leadership***

##### ***Administrative***

##### ***Council Chair***

*Busey Ward*

##### ***Lay Leader***

*Donna Dailey*

##### ***Finance Chair***

*Lisa Martinson*

##### ***Treasurer***

*Judy Hagan*

##### ***Staff Parish***

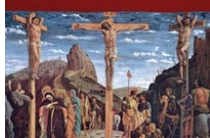
##### ***Relations Chair***

*Toni O'Connor*

##### ***Trustee Chair***

*Ed Henshaw*

WITNESS  
at the CROSS



**Starting March 6! ZOOM Bible Study**  
***Witnesses at the Cross: A Beginner's Guide***  
***to Holy Friday*** By Amy-Jill Levine  
Class Offered  
Sundays at 9:15 am and 7:00 pm



#### ***Lent and Holy Week 2022***

**Joint Ash Wednesday —March 2, 7:00 pm at Market Street**

**Palm Sunday (April 10)**

**Downtown Outdoor Celebration—10:30 am**  
**at Historic Courthouse**

**\*\*\* Sunday Worship on this day will be at 11:00 am**

**Maundy Thursday (April 14)**

**Joint Maundy Thursday Worship—April 14, 7:00 pm at Greenwood Church**

**Good Friday (April 15)**

**Community Good Friday Worship—Noon at Christ Episcopal Church**  
**(114 W Boscawen St.)**

**"Stations of the Cross" (self-guided walking path with passion readings)**  
**Trail open at 5:00-7:00 pm, Cunningham Family Field(1366 Greenwood Rd)**





Where Community Comes Together

## Market Street Commons—Future Plans

As you may know, we have been contemplating converting our Education Building (2nd & 3rd floors) into residential areas for homeless

families with school-age children. As for the next steps, we are working on the following:

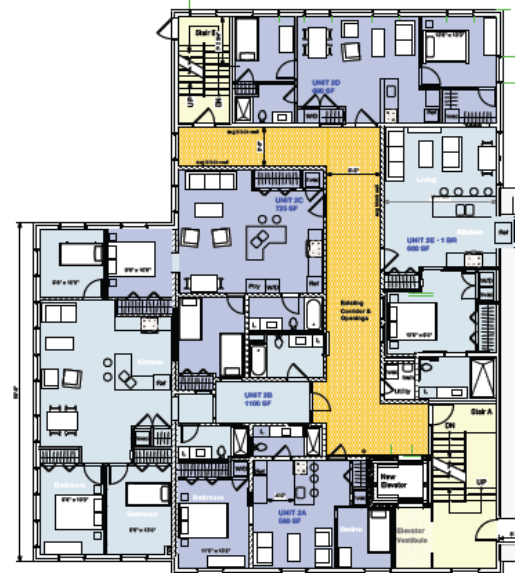
- Local architect (who designed the original floor plans) has created modified, 2-bedroom plans. (There will be a small floor plan on that page)

- We are meeting with local commerce and faith leaders to share our dreams. In fact, this spring we plan to have a big “info session” that is open to leaders in the community.

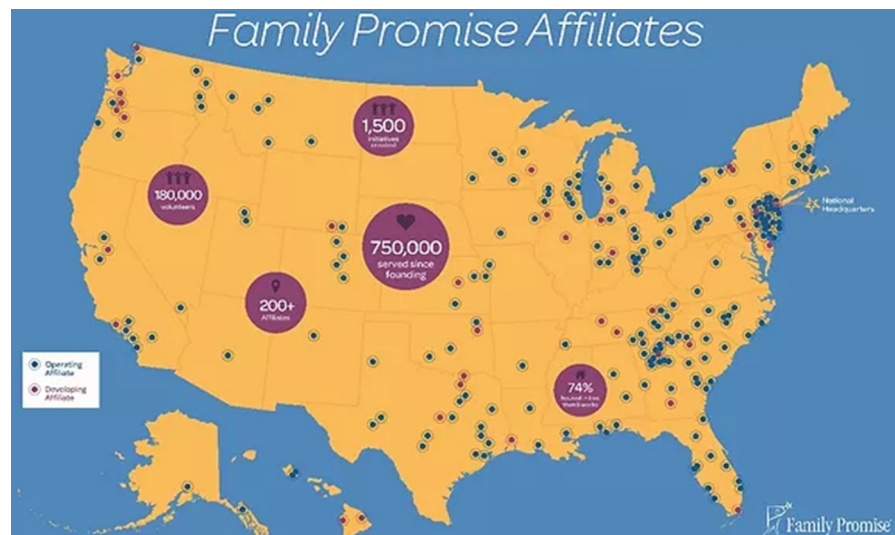
- In the meantime, we hope to seek ways to work together with local churches. Family Promise of Shenandoah County (FPSC) started with a network of churches working together to combat homelessness.

- Continue to reach out to (national) Family Promise so we may become the affiliate of FPSC.

**\*Commons leaders—meeting is scheduled on March 15 @6:30pm!**



Modified 2nd floor



### Children's Easter Event—coming April 9th.

Parents of Market Street children... we are trying to finalize the details for the event... so watch for more info!



### Market Street Church Easter Flower Order

Flower orders are now ready!

Please contact the church office or see the order form attached to this newsletter.



## OPEN TO ALL PERONS! Harrisonburg District Lay Servant Training via Zoom – March 26, 2022

The following courses will be offered:

Basic Course, led by Linda Conrad      Leading Worship, Rev. Adam Blagg  
Leading Prayer, Rev. Brian Posey

**Advanced registration is required by March 11<sup>th</sup>.**

To register for any of these classes, please contact Joe Amend,  
301-741-7633, e-mail: [joeamend@vaumc.org](mailto:joeamend@vaumc.org) or  
Debbie Creech, District Administrative Assistant, at 540-433-2382,  
e-mail: [debbiecreech@vaumc.org](mailto:debbiecreech@vaumc.org).

ANYONE is welcome to register and complete a class! The cost is \$25.



### All God's Children Camp needs your help!

June 19-24, Richmond area  
July 24-29, Chesapeake/Eastern Shore area  
August 14-19, Richmond area

As a ministry of the Virginia Annual Conference, All God's Children Camp (AGCC) is a weeklong overnight camp for children ages 7 to 12, with an incarcerated parent. To learn more about this service opportunity, contact Lori Smith at [lttlelori@gmail.com](mailto:lttlelori@gmail.com) 571-245-9591



### Not too early to plan! Summer Camp at Overlook

Camp Overlook is offering many great opportunities – please see the following link for details.  
[overlookretreatandcampministries.weebly.com/summer-camps.html](http://overlookretreatandcampministries.weebly.com/summer-camps.html)



I attended a Zoom meeting, sometime ago, in regard to Where does the church go after the Pandemic. I was one of the fortunate persons who received the book “Being the Church in a Post-Pandemic World”.



I finally got around to reading it these past weeks, and I would recommend everyone read this book. I know we still have members, who say “When are we going back to Normal”? Sunday Service will never be what it was, but our purpose is to reach out to those that do not know Jesus. I firmly believe that we are reaching out to more people, than we ever have, via Facebook, etc. It is about them, not US.

Most of us have lived long enough to know that we have to accept change, whether we like it or not.

Let's go forward and spread the word of Christ in a new way.

May the Luck of the Irish be with you. Donna Dailey Lay Leader



**Thoughts on Stewardship**

*“...tithing is proving to be the up-to-date intelligent answer for thousands of modern Christians to the question, “how much shall I give”.*

*Tithing is an acknowledgement that God is alive and at the very center of our life. It helps us recognize that all our money, ability, our very fine lives belong to God. These things are trusts from God, to be used as He would have them used.*

*Tithing is a glorious privilege by which we may declare our gratitude to God for life and family, for home and country, for Jesus and His church, and for the endless providential mercies which God extends to all His children.”*

Found in the 1974 church archive records; typed on a real typewriter; the author unknown.



## Health Minute

Jeff Swift

It's been said experience is the best teacher. I've been working with patients to prevent falls for many years. Sure I've personally had a fall here and there in the past due to tripping over something but have never been injured. I've been able to get up, look around to see if anyone witnessed my mishap, brush myself off, and carry on. However, I recently took a spill that resulted in an injury that's kept me off work. I would like to pass on what I learned from my accident so hopefully, it can prevent you all from experiencing the same thing.

In a nutshell, I was walking down a steep hill on the sidewalk not paying particular attention to where I was stepping. I didn't anticipate a driveway cutout which resulted in a miss-step and a hard fall. It was basic physics 101. A body (in this case mine!) in motion will remain in motion unless acted upon by an outside force, in this case, the sidewalk. I'm convinced I wouldn't have gotten hurt if this happened on a level surface. I may have lost some skin but nothing more. So another law of physics came into play.  $\text{Force} = \text{mass} \times \text{acceleration}$ ! I don't have a lot of mass, I'm not that big. However since I was walking down a steep grade I had acceleration which resulted in more force when I hit the sidewalk, enough to result in a broken bone in my hand. So besides the physics lesson here's what I learned. When walking down a steep hill of any kind take smaller steps, watch where you are stepping, and anticipate any changes in the terrain. Remember when you are going downhill it's that extra "acceleration" that results in more force should you hit the ground so slow down and take smaller steps!



I'm healing up and will be fine in time.

**Please pray** for my wife's mother and stepfather and our friends in Odessa, Ukraine. They have bombing in their area as Russia proceeds with the invasion. As of 2/24/22 we have been able to speak with them on the phone but understand this capability will likely end soon. see you all in church! Jeff

*Jeff Swift is a member of Market Street. He is a physical therapist at Hampshire Hospital.*

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### A Prayer for Peace in Ukraine

Dear Virginia Annual Conference,

Alongside many nations, communities of faith, and people throughout the world, United Methodists join in praying for peace as tensions and violence mount with Russia's invasion of Ukraine yesterday, February 24.

Let us be especially mindful of the humanity caught in the middle, the tens of millions of men, women, and children whose lives are undergoing upheaval, with many in peril. We pray for the Ukrainian people. We pray for an end to the threats to their lives and well-being.

We pray for the families who have already lost loved ones to this war. We pray for the healing of the wounded. We pray also that this conflict does not escalate to further military conflicts in Europe and that Americans be united in praying for peace.

May that peace we pray for so fervently inspire world leaders to take the actions necessary to promptly ensure peace and healing. Peace and Blessings, Bishop Sharma D. Lewis



From the  
Bishop



## United Methodist Women (UMW)

**Sisters in Christ Circle:** Tuesday March 8th at the church in the Sanctuary to organize the flowers.

**Susanna Wesley Circle:** The Susanna Wesley Circle will meet March 7, 1pm at Donna Dailey's (103 Laurel Hill Dr. Stephens City).  
Marking Easter baskets for shut ins.



**United Methodist Men (UMM)** –Meet the second Sat of the month at Rock Harbor Golf course at 8am. All Men welcome!



Anna Spencer	3/3
James Lantz	3/5
Joseph Lausier	3/5
Thomas Sine	3/5
Edward Henshaw	3/6
Taylor Henshaw	3/6
Pearl Ebert	3/8
Fred McKay	3/15
Sinclair Brandy (Hagan)	3/16
Hannah Stewart	3/18
Rev. Keiko Foster	3/20
John Castle	3/22
Brenda Sine	3/27
Sylvia Harman	3/27

*No Anniversaries in  
March*



## ***WE NEED MORE PEOPLE!!!***

**Weekly Prayer Group —  
Wednesdays at 1:30 pm**  
**Judy Hagan will contact you with  
Zoom link.**

## **Let us Pray for One Another...**

For the world as we continue to face the pandemic  
All those who are mourning the death of loved ones  
All Children, Families, Schools, Medical and Health Professionals  
All who are serving others  
All divisions, unrest, injustices, violence, peace in the world  
(especially for all the refugees resettling in new places, including  
Winchester area)

***Please Also Pray for Valley Health!***  
**Chaplains at Valley Health, is asking for  
prayers for patients and staff daily at:**  
**7:00 am / noon / 7:00 pm / Midnight**



In this way, staff can remember that they are  
always being prayed for, as they do the important work they do  
for our patients. Patients would also be told that the community is  
praying for their recovery.

## **Prayers for Our friends & family at Market Street**

Karen Hinkle, Kevin Freeland, Adrian O'Connor, Faye & Julius Armel, Dick Carpenter,  
Ed Henshaw, Joe & Betty Lausier, Brian Aronhalt, Larry Whitehead, John Castle,  
Lee Harris, Ben & Jane Mathis, Mable Carter, Chris Sweeney II, Janet & Frank Moore,  
Tom Dickinson, Brenda Sine, Pearl Ebert, Norma Fries, Betty Hess, Donna  
Patterson, Joan Christiansen, Gloria Austin, Pastor Jean McDonald Walker,  
Bob McDonald Walker, Market Street Church,  
Market Street Commons, The United Methodist Church.

Market Street United  
Methodist Church  
(540) 662-6709 Office  
Office Hours: 9am-Noon  
(540)662-7623 Fax  
131 S. Cameron Street,  
Winchester, VA 22601  
vamarketst@gmail.com  
www.marketst.org



TO:

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Sunday School—9:15 am via Zoom  
**Sunday Worship Service In-person or via  
Facebook Live 10:30 am (or anytime later)**

**<https://www.facebook.com/marketstreetumc/>**

**(You do NOT need to have Facebook account to watch!)**

**Market Street United Methodist Church - YouTube**

**<https://www.youtube.com/channel/UCAKQ2HQcXqdkg1W0gBS5y8w>**

**MARCH**  
**2022**



**Mission Statement of Market Street United Methodist Church:**

Our mission is to nurture persons of all ages in their spiritual growth, to reach out with compassion to identify and address the needs of others, to boldly share our faith and invite all to become part of our church family.